



# Virtual access to doctors and therapists anytime, anywhere\* by app, phone, or video

## General Medical **\$0/unlimited visits**

Convenient, high quality healthcare available 24/7 from U.S. board-certified doctors by phone or video

## Mental Health (18+)\* **\$0/unlimited visits**

Members have access to licensed mental health professionals with the option to receive ongoing care from a provider of their choice

- **Dermatology**

- **\$0/unlimited visits**

- U.S. board-certified dermatologists review images and provide diagnosis and treatment plan

- **Nutrition**

- **\$0/unlimited visits**

- In-depth nutrition consultations and personalized guides for member specific needs

- **Expert Medical Services**

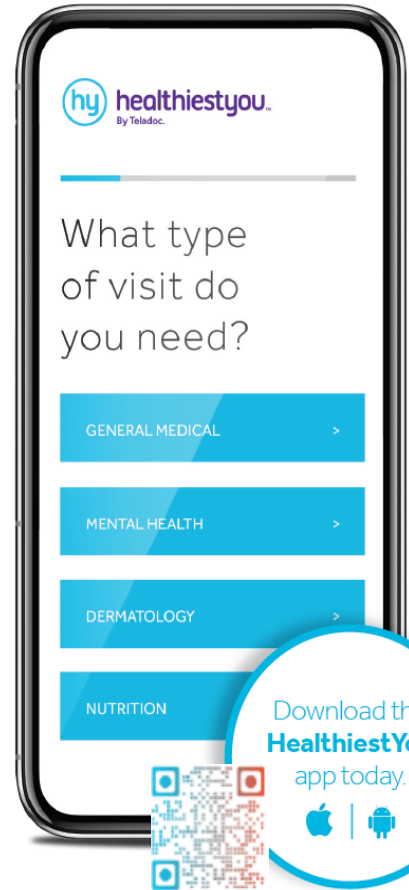
- **\$0/unlimited visits**

- In-depth reviews of existing diagnoses and treatment plans from the world's leading experts

- **Back and Joint Care**

- **\$0/unlimited visits**

- Customized neck and back care programs with videos and access to certified health coaches



**\$9.00 per employee per month**

*(additional \$0.50 PEPM to add adolescent mental health 13-17 years of age)*

\*Services are available to all employees & includes dependents

\*Medical insurance coverage is not necessary to enroll

To begin the enrollment process click here: [\*\*New Group Setup Form\*\*](#)

## GROUP REQUIREMENTS FAQ

### WHO IS ELIGIBLE?

All employees are eligible regardless of the number hours worked.

### WHAT IS THE GROUP SIZE MINIMUM?

Two or more enrolled employees, regardless of group size.

### WHAT IS THE COST?

**\$9.00 per employee per month.** There is an additional charge of \$0.50 per employee per month to add mental health for ages 13-17. The rate includes spouses and children at no additional cost.

### IS THERE AN EMPLOYER CONTRIBUTION REQUIREMENT?

100% employer contribution is recommended, but the employer can elect to cost share with their employees. The employer will be billed each month for the total number of employees who are enrolled in HealthiestYou.

### WHAT FORM OF PAYMENTS ARE ACCEPTED?

Business check and ACH are the forms of payment accepted. Because this is a group product, we will bill the employer each month for all enrolled employees. Many employers will payroll deduct the HealthiestYou per employee per month cost if they are cost-sharing with their employees.

### WHAT IS THE ENROLLMENT PROCESS?

**STEP 1: Fill out the online New Group Form: [NEW GROUP SETUP FORM](#)**

**STEP 2: Sign the service agreement sent via DocuSign**

**STEP 3: Send us the employee eligibility data via the following methods:**

- Manual entry through our client portal (groups less than 25 enrolled lives)
- One-time census file
- EDI file feed (groups over 100+ enrolled lives)

### HOW LONG IS THE SERVICE AGREEMENT FOR?

The service agreement is for 12 months. Upon anniversary, a group may terminate coverage with a letter/email identifying the requested date of termination.

## SERVICES FAQ

### WHAT IS TELEMEDICINE?

The ability to connect to a doctor, dermatologist, or mental health provider from wherever you are via phone or video. The provider is able to prescribe medication as appropriate.

### WHAT IS THE HEALTHIESTYOU COMPLETE BUNDLE

HealthiestYou by Teladoc Health is a mobile virtual care app providing convenient access to high-quality healthcare services via phone or video.

#### **The HealthiestYou Complete Bundle includes:**

**GENERAL MEDICAL:** Unlimited consultations with a licensed doctor via phone or video 24 hours a day/7 days a week/365 days of the year.

**MENTAL HEALTH:** Unlimited scheduled visits via phone or video with a mental health provider of your choice. Digital programming, coaching, crisis intervention and more. **18+ included; Adolescent mental health (ages 13-17) can be added for an additional \$0.50 per employee per month.**

**DERMATOLOGY:** Upload photos of your skin condition to the app and get a treatment plan from a dermatologist within two business days.

**EXPERT MEDICAL SERVICES:** Receive a second opinion on an existing diagnosis and treatment for any condition. Our experts are here to address any medical uncertainty you may have.

**NUTRITION:** Members work directly with registered dietitians who assess clinical nutrition needs and develop personalized programs, including custom meal plans and shopping.

**BACK AND JOINT CARE:** Relieve your back and neck pain with a personalized 4 to 8 week video-based stretching and exercise routine designed by a certified health coach from Orbit Health.

### WHAT IS THE VALUE TO YOU AS THE EMPLOYER?

The HealthiestYou Complete Bundle is an affordable and robust benefit that provides a comprehensive suite of healthcare services and tools to help employees take control of their health.

### WHAT IS THE VALUE TO YOUR EMPLOYEES?

The HealthiestYou Complete Bundle provides access to a full line of high-quality virtual care services from a single app. The intuitive, easy-to-use platform also provides exclusive smart tools to help members compare prescription prices, find providers near their current locations, and remember to use the HealthiestYou app in their moments of need.

From a General Medical visit at 2 a.m., ongoing visits with a mental health provider, a dermatology consultation without a three-week wait, HealthiestYou is the complete solution to driving better healthcare decisions.

## **DOES THIS REPLACE MY GROUP HEALTH INSURANCE?**

No, HealthiestYou is not an insurance product and it does not meet the minimum requirements for coverage under the Affordable Care Act. HealthiestYou provides high quality healthcare services that can be offered to any employee, health insurance is not required.

## **CAN DEPENDENTS ACCESS HEALTHIESTYOU?**

Yes, spouses/domestic partner and dependents have access to HealthiestYou. Enrollment of dependents can be added directly on the app or the web portal by the employee. Dependents over the age of 18 will have their own access to the HealthiestYou app and services.

## **WHAT REPORTING WILL BE AVAILABLE TO THE EMPLOYER?**

Detailed utilization reports are generated monthly for General Medical, Dermatology, Mental Health Care and Nutrition.

## **WHAT SUPPORT WILL I RECEIVE?**

All HealthiestYou groups receive a dedicated Client Success Manager who provides everyday support and will help develop a personalized marketing campaign to gain enrollment, engagement and utilization of the services.